

SVWIT Services

24-Hour Hotline Around-the-clock support, counseling and referrals to victims of sexual assault and domestic violence are provided by qualified staff on the Hotline.

Emergency Shelter When leaving violent situations, women and their children can stay in a safe shelter, at a confidential location, for up to 30 days while considering options. Short term counseling, support, advocacy and education for women and their children are provided during their shelter stay.

Legal Advocacy Trained staff provide clarification of the legal process and transactions, assist clients in filing Protection From Abuse (PFA) Orders and accompany women to court hearings.

Medical Advocacy Qualified staff who work extensively with the healthcare and legal system, are on-call 24 hours a day to provide assistance and accompaniment to victims of domestic violence and sexual assault.

Counseling Supportive listening and short-term counseling are available to help clients explore and consider options. Information and referrals to other agencies where more help may be available are easily accessible.

Children's Programs Children whose lives have been affected by sexual assault and/or violence in the home receive specialized counseling through a Children's Advocate. Support groups, play groups and special activities are used to aid healing. Child care is available during some SVWIT programs.

Community Education Informative presentations and training on Good Touch/Bad Touch, Dating Safety, Sexual Harassment, Boundaries, child abuse, sexual assault and domestic violence are provided to schools, churches, clubs, community groups and professional organizations by SVWIT's Outreach Coordinator.

L.I.S.T.E.N. Project A program of sexual assault prevention education developed especially for children with disabilities and their parents. A prevention curriculum is available for schools and other interested organizations. Support groups for children and parents are available.

Sexual Assault Trained counselors offer support to those who have been raped, sexually assaulted or who are survivors of incest or childhood sexual assault.

Support Groups People in similar life situations meet in small confidential, supportive groups; trained staff and volunteers facilitate. Groups that meet regularly support women and children in areas such as:

Empowerment, Dependency, Drugs and Alcohol, Parenting, Sexual Assault and Domestic Violence



SVWIT is committed to abuse prevention and to breaking the patterns of abuse.

SVWIT is dedicated to helping victims empower themselves to take control of their lives and to make choices which will enhance their lives and the lives of their children.

All services are free and confidential and offered regardless of sexual orientation, religion, age, gender, race or handicap.

Women in Transition's Counseling Offices are located in:
Lewisburg - Selinsgrove - Coal Township

Types of Abuse

We may hear and read about physical abuse most often but abuse takes many forms. Just because there are no physical blows doesn't mean that abuse isn't occurring.

❖ Physical

hitting, slapping, pushing, kicking, punching, burning, choking, use of weapons, restraining and any behavior that causes physical pain

❖ Mental/Emotional

threats, name calling, words that hurt, put downs, stalking, denying medical care, ignoring thoughts and feelings, isolation from family and friends

❖ Sexual

rape, any unwanted sexual touching, forcing or coercing an adult to perform sexual acts against their will; any sexual act with a child, with or without consent

❖ Property/Economic

stealing or destroying personal property, belongings or money; refusing to provide funds for basic needs such as food, clothing or medical care; hurting pets

People stay in abusive relationships for many different reasons - money, family pressures, fear of and/or feelings for the abuser. Even if the victim decides to stay in the situation, help and information is available. There is ALWAYS someone who cares and is willing to listen.

You Can Help

Volunteer

Share your time and talents with SVWIT. After completing training, our volunteers staff the hotline, co-facilitate groups, provide options counseling and help with Community Outreach. There are also opportunities to help with office work and shelter management.

Make a Contribution

Choose Women in Transition to benefit from your group's next fund raising project or make a personal tax deductible donation, bequest or gift.

Invite a Speaker to Your Next Meeting

Our Outreach Coordinator will present an informative program to your group, club or class about sexual assault, dating safety, Good Touch/Bad Touch, domestic violence and/or child abuse.

Spread the Word

Tell your friends, associates, neighbors and employer about S.V.W.I.T.'s services and the work we do in the community and encourage them to get involved.

Susquehanna Valley
Women in Transition
P.O. Box 170
Lewisburg, PA 17837

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Susquehanna Valley Women in Transition (SVWIT)

Services
for Victims and
Survivors of Domestic
Violence and Sexual
Assault

24-Hour Hotline

Union Co. (570) 523-6482

Snyder Co. (570) 374-7773

Northumberland Co. (570) 644-4488

Toll-free 800-850-7948
